Curriculum Vitae



Mrs. Moumita Barik

Assistant Professor
Dept. of Nutrition, Haldia Institute of Health Sciences
Vill– Basudevpur (Dakshin), P.O- Khanjanchak
Dist - Purba Medinipur,
State - West Bengal
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Academic Qualifications

Name of the examination	Board/ university institution	Year of passing	Division Grade	% of marks	Subject area
MADHYAMIK	WBBSE	2008	1ST	85.5	Beng, Eng, Math, P.Sc, L.Sc, Geo, His, Bios
HIGHER SECONDARY	WBCHSE	2010	1ST	63.2	Physics, Chemistry, Mathematics, Biology, Beng, Eng,
B.Sc. in Nutrition(Hons.)	VIDYASAGAR UNIVERSITY	2013	1st	73.1	Nutrition(Hons.), Human Physiology (Gen), Biochemistry (Gen)
M.Sc. in Applied Nutrition	The West Bengal university of Health Science (All India Institute of Hygiene & Public Health)	2015	1ST	68. 5	Applied Nutrition
B.Ed	VIDYASAGAR UNIVERSITY	2017	1st	78.25	Method 1 - Biological Science Method 2 -English
M.Ed	WBUTTEPA	2020	1st	73.30	Education
Ph.D.	Vidyasagar University (Guide- Prof. Debidas Ghosh)	Registration-2022	Pursuing	-	Life science

ADDITIONAL QUALIFICATION

1. DIPLOMA in INFORMATION TECHNOLOGY APPLICATION from YOUTH COMPUTER TRAINNING CENTRE.
2. Certified DIABETES EDUCATOR from National Diabetes Educator Program (NDEP) jointly run by Dr. Mohan's Diabetes Education Academy (DMDEA) and Indian Association of Diabetes Educators (IADE).
3. Certificate course on Advance Diet Plan Making Organized by FSTN Exploration Foundation.

ACHIEVEMENTS

- **National Eligibility Test (NET) Qualified- 2019.**
- **State level eligibility Test (SET) Qualified - 2017**.
- Gold Medal is awarded on the basis of Highest Mark in B.Sc. Nutrition (Hons) – 2013 from Vidyasagar University.

WORK EXPERIENCE

Total work experience: 11years, Experience as Assistant Professor: 8years.

- July, 2018 – Present : Assistant Professor, Department of Nutrition, Haldia Institute of Health Sciences.
  - Teaching experience in both UG (under Vidyasagar University) and PG(The West Bengal University of Health Sciences) courses of Nutrition.
- January, 2018 – Jnue,2018 : Nutrition Advisor at Abbott Health care Private Limited
- November, 2015 – July, 2017 : Part time Nutrition Teacher at Rampur Vivekananda Mission Vidyamandir.

PARTICIPATION AT CONFERENCES, COURSES, SEMINARS

- 2020- PHYSIOCON
- 2015 – SND and NSI (Seminar)
- 2012 – UGC (Seminar)

HOBBIES

- Communication
- Travelling
- Reading any type of book

PUBLICATION:

1. Isolation and Screening of some food grade lactic acid bacteria for Bio-surfactant production , Book Chapter, Lincon Research and Publications Limited, Australia, **2nd author**, Page-66,ISBN 978-0-6488798-0-0,2020.

2. A short review on tomato: Lycopene and It's health benefits , International Journal of Food Science and Nutrition , **1st author**, Published: 07-09-2022, Volume 7, Issue 3, 2022, Page No. 153-157 ,ISSN: 2455-4898.

3. Preventive and therapeutic role of functional foods: a review, International Journal of Food and Nutritional Sciences [**UGC CARE Listed (Group-I) journal**], **1st author**, Volume-11,Issue 7, 2022, e-ISSN 2320-7876.

4. Eating disorder: Types and benefits of nutrition therapy for eating disorder, International Journal of food science and nutrition, **1st author**, Published 13-01-2023, Page 12-13, ISSN- 2455-4898.

5. Pregnancy induced diabetes mellitus (Gestational diabetes mellitus and Nutrition: A review, International Journal of Food Science and Nutrition , **1st author**, Published: 04-07-2023, Volume 8, Issue 3, 2023, Page No. 1-4 ,ISSN: 2455-4898.

6. Sensory analysis of newly developed chips prepared from wheat flour and dates powder: Journal of Current Research in Food Science, **Solo author,** Published: April-2024, volume-5, Issue-1, page no.- 78-79, P-ISSN:2709-9377, E-ISSN:2709-9385.

7. AI technology for detecting dengue: A systematic review, International Journal f Mosquito Research, **1st author,** Published: 6/9/2024, IJMR2024; volume-11, issue-6, page no- 01-03, ISSN: 2348-5906.

8. Assessment of nutritional status and prevalence of iron-deficiency anaemia among school going adolescent girls at rural areas of Purba Medinipur district: A cross sectional study based KAP model, **1st Author**, published: 7/05/2025 , Volume;11, issue-6, page no- 44-50, ISSN PRINT:2394-7500, ISSN online:2394-5869

Personal Details

Permanent Address	:	Moumita Barik D/o- Bimal Chandra Barik Vill – Basudevpur (Dakshin) P.O- Khanjanchak P.S- Durgachak Dist – Purba Medinipur West Bengal Pin -721602
Date of Birth	:	8th July, 1991
Gender	:	Female
Marital Status	:	Married
Nationality	:	Indian
Religion	:	Hinduism
Language Known	:	Bengali, Hindi & English
Blood group	:	A+

MY BIGGEST ASSET

If given me a chance in any organization I can deliver my maximum capacity in achieving the responsibility given to me in mind the Organization rules and regulation.

DECLARATION

I do hereby declare that all the information made above is true & correct to the best of my knowledge and belief.

Date: Moumita Barik

Place: Haldia